



**ASeTTS**

**Assisting Torture  
and Trauma Survivors**

# Trauma and Ageing

## Workshop Outline

This Workshop is designed for aged care providers and health professionals to raise awareness about the importance of recognizing and managing symptoms of trauma in older people from Culturally and Linguistically Diverse (CALD) backgrounds

## Aims

- To support aged care providers caring for CALD residents and clients who have experienced trauma.
- To raise awareness amongst aged care providers about the symptoms and impact of trauma on CALD clients/residents, especially in later life.
- To provide information about resources and available consultancy.
- To promote the delivery of culturally sensitive care to older people from CALD communities who have experienced trauma.



## Performance Criteria

*On completion of the workshop participants will:*

- Demonstrate an increased level of cultural awareness
- Have an increased understanding of, and respect for, diversity
- Understand the impact of trauma and the appearance of post traumatic symptoms in clients from a refugee- like background
- Be able to identify the barriers to working effectively with culturally and linguistically diverse clients who have experienced trauma.
- Be able to incorporate knowledge gained during training in their work practices

**Register at: [www.asetts.org.au/training](http://www.asetts.org.au/training)**

**Please contact ASeTTS to book this half-day workshop  
for your organisation.**

**Workshop can be conducted at ASeTTS or at your premises.**

**Cost: NGOs/Government, \$700 Universities: \$900, Private Sector: \$1200**

**[www.asetts.org.au](http://www.asetts.org.au) | Phone: 08 9227 2700 | ABN 83 460 231 835**