



**ASeTTS**  
Assisting Torture  
and Trauma Survivors

# Approaches for Working with Refugee Youth

## Workshop Outline

Children and adolescents are affected by multiple layers of trauma from violence, resettlement, grief and loss, family and intergenerational challenges and personal identity issues.

This interactive workshop will explore the implications of refugee trauma on children and adolescents and the impact it has on their lives, their relationships and educational environment. It is also designed to focus upon methods of interaction between adults and youth and equip workers with some current “best practice” and “strengths-based” models that have gained international recognition.



## Aims

The aims of this workshop are to:

- Be more aware of your own reactions to behavior so as to modify your approach.
- Understand the refugee experience prior to arrival and settlement in Australia;
- Identify the impact of the refugee experience on children and adolescents on their lives, relationships and education;
- Understand major issues in assisting the recovery process and assessing children and adolescents who have experienced refugee trauma.

## Performance Criteria

On completion of the workshop, participants will be able to:

- Identify the major refugee experiences of children and adolescents prior to and upon settlement in Australia;
- Identify the causes and manifestations of trauma in children and adolescents who have a refugee background;
- Identify key theoretical and practical issues in the assessment of children and adolescents with a refugee background;
- Identify key theoretical and practical issues in assisting the recovery process - in schools and a range of other settings - of children and adolescents who have a refugee background;

*Suitable for: teaching staff, youth workers and school counsellors/psychologists*

**Register at: [www.asetts.org.au/training](http://www.asetts.org.au/training)**

**Please contact ASeTTS to book this full-day workshop for your organisation.  
Workshop can be conducted at ASeTTS or at your premises.**

**Cost: NGOs/Government, Universities: \$1500, Private Sector: \$2000**

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